

Friday May 28 2010

Morning Plenary Sessions

- 8:30 - 10:00 **Our Health Matters: How Physician Health Programs Respond to Doctors in Need**
Dr. Michael Kaufmann BSc, MD, CCFP, FCFP, Dip.ABAM
- 10:00 - 10:30 Refreshment Break
- 10:30 - 12:00 **Mindfulness for Healthcare Practitioners - Dr. Tom Huchinson MD, FRCP(C)**
- 12:00 - 13:30 **Working Lunch - Annual General Meeting of the GPPA**

Afternoon Workshops 13:30 - 17:00 (Refreshment Break 15:00 - 15:30)

- Session A **Congruent Mindfulness in Relating to Patients and Colleagues - Dr. Tom Huchinson MD, FRCP(C)**
- Session B **Physical Heal Thyself (Financially) - Gail Bebee, BSc, MEng, CIH (retired)**
- Session C **Biofeedback & Self-Care for Physicians & GP Psychotherapists**
Dr. Edward Leyton MD, FCFP, CGPP and Dr. John Chong MD, FRCP(C), CGPP
- Session D **Emotional Freedom Techniques - EFT - for Rapid and Effective Self-Care - Crystal Hawk**
- Session E **Difficult Encounters Between Doctor and Patient**
Dr. Michael Cord BSc(Hon), MD, CATPP, MGPPA, MCFP

Saturday May 29 2010

Morning Plenary Sessions

- 8:30 - 10:00 **When The Body Says No: Mind/Body Unity and the Stress Disease Connection**
Dr. Gabor Mate MD
- 10:00 - 10:30 Refreshment Break
- 10:30 - 12:00 **Envisioning a More Desirable Future for GP Psychotherapy**
Dr. Howard Eisenberg MSc (Psych) MD
- 12:00 - 13:30 Buffet Lunch

Afternoon Workshops 13:30 - 17:00 (Refreshment Break 15:00 - 15:30)

- Session G **The Hungry Ghost: A Biopsychosocial Perspective on Addiction, from Heroin to Workaholism**
Dr. Gabor Mate MD
- Session H **Compassion Fatigue: A Soulful Approach to Caring for Ourselves - Dr. Larry Nusbaum MD**
- Session I **Work-Life Balance: Co-Creating Your Dream Reality - Dr. Peter Deschane**
- Session J **How to Keep Good Boundaries - Dr. Michael Pare BSc, MSc, MEd, MD**
- Session K **Tackling Ethical Dilemmas: From Ethics "Crisis" to Ethics "Prevention" - Dr. Barbara Russell**

Friday Dinner - BBQ and Roundtable Discussions

5:30 - 8:30 pm

Enjoy a casual BBQ as we overlook Lake Ontario. *Note: Additional Fee of \$75 Applies*

Then, participate in various table group discussions on psychotherapy related topics. These will include:

- Alternative Non-OHIP Revenue Streams
- Advertising & Marketing to increase the most appropriate referrals
- 'Book Club' discussion of Members' favourite Self-Help resources for patients
- Psychopharmacology
- NLP & Hypnosis
- Somatic/Body Therapies such as EMDR, EFT, etc.
- Meditation
- Spirituality & 'Transpersonal' Psychotherapies
- Rural & Small Town Practitioners
- How to best deal with the new political realities

GPPA Conference Registration Form

1. Registrant Information

Name _____
Address _____
City _____
Province _____ Postal Code _____
Telephone _____ Fax _____
Email _____
Emergency Contact & Phone _____



PRIVACY POLICY OPT OUT In accordance with Canada's Personal Information Protection and Electronic Documents Act (PIPEDA), this is notification that GPPA will be sharing your contact information with conference sponsors, exhibitors and delegates. **Check here if you do not wish to have your contact information shared with these listed parties.**

2. Registration Package (Please indicate your selection)

Why not consider becoming a member of the GPPA to take advantage of reduced fees? For more information, visit www.gppaonline.ca

Full 2010 Conference	Received prior to April 15, 2010	Received after April 15, 2010
<input type="checkbox"/> GPPA Members	\$475	\$500
<input type="checkbox"/> Non-Members	\$525	\$550
<input type="checkbox"/> Medical Student/Resident (with proof of status)	\$150	\$150

1 Day Registration

Please indicate date Friday May 28 Saturday May 29

<input type="checkbox"/> GPPA Members	\$275
<input type="checkbox"/> Non-Members	\$300
<input type="checkbox"/> Medical Student/Resident (with proof of status)	\$ 75

Friday GPPA Annual General Meeting and Luncheon only \$ 25
NOTE: This is included in the FULL CONFERENCE and FRIDAY ONLY registration fee.

Friday GPPA BBQ and Roundtable Discussions \$ 75

Please indicate your first, second and third choices for Round Table Discussion Groups:

- Round Table A - Alternative Non-OHIP Revenue Streams
- Round Table B - Advertising & Marketing to increase the most appropriate referrals
- Round Table C - 'Book Club' discussion of Members' favourite Self-Help resources for patients
- Round Table D - Psychopharmacology
- Round Table E - NLP & Hypnosis
- Round Table F - Somatic/Body Therapies such as EMDR, EFT, etc.
- Round Table G - Meditation
- Round Table H - Spirituality & 'Transpersonal' Psychotherapies
- Round Table I - Rural & Small Town Practitioners
- Round Table J - How to best deal with the new political realities

3. Workshop Selection (Please indicate your first, second, and third choices)

CHOICE # Friday May 28

- Session A Dr. Tom Huchinson - **Congruent Mindfulness in Relating to Patients and Colleagues**
- Session B Gail Bebee - **Physician Heal Thyself (Financially)**
- Session C Dr Edward Leyton & Dr John Chong - **Biofeedback and Self Care for Physicians & GP Psychotherapists**
- Session D Crystal Hawk - **Emotional Freedom Techniques (EFT) for Rapid and Effective Self Care**
- Session E Dr. Michael Cord - **Difficult Encounters Between Doctor and Patient**

CHOICE # Saturday May 29

- Session G Dr. Gabor Mate - **The Hungry Ghost: A Biopsychosocial Perspective on Addiction**
- Session H Dr. Larry Nusbaum - **Compassion Fatigue: A Soulful Approach to Caring for Ourselves**
- Session I Dr. Petre Deschane - **Co-Creating Your Dream Reality**
- Session J Dr. Michael Pare - **How to Keep Good Boundaries**
- Session K Dr. Barbara Russell - **Tackling Ethical Dilemmas: From Ethics "Crisis" to Ethics "Prevention"**

4. Payment

Total Amount \$ _____

Please find enclosed my Cheque (Payable to GPPA)

I wish to pay by VISA/Mastercard Card # _____ Expiry Date _____

Signature _____

Please send completed registration form to:

GPPA 312 Oakwood Court Newmarket, ON L3Y 3C8 or Fax: 1-866-328-7974